

# what do i want?

**Figuring out what I want...**

**Look over these questions, and truthfully write your answers down.**

- > Ask yourself, what do I really want?
- > Who do I want to be?
- > How do you want to be described?
- > What do I want to do?
- > What motivates me?
- > What am I passionate about?
- > What do I want to have?
- > Where do I want to go?
- > Where do I want to live?
- > What do I want to become?
- > What do I want to learn?
- > Who do I want to spend my time?
- > How much do I want to save?
- > How much time do I have?
- > What will I do to create wealth?

## **Now I want you to.**

Once you have finished, observe your answers. What sticks out to you? Do you see a common theme or repetitious pattern?

## **Analyze your results.**

For example, the theme that might be sticking out to you is that you: **WANT FREEDOM**. To set your goals, you need to ask yourself. How do I achieve Freedom? What do I need to do? How long will it take? What steps do I need to take? What will it cost me?

## **And here's the point.**

Answer these above questions with thought. Once you have done that, review over your answers. Guess what? These are your goals. You have just observed your wants and needs, written out exactly what you want, how long it will take for you to get there. You have goals in place.

**"People with goals succeed and those without fail. It is as simple as that. You must first choose your goal and then write it down and set a time limit. Don't be a dreamer. Be a doer."**

**-Mary Kay Ash**

# take it beyond...

No one wants to work. No one. Most of us would rather be sitting on a hot sunny beach reading a book alone or with someone who we cherish the most. But reality sets in. Unless we are independently wealthy, most of us need to work. And work hard we must. Why do we work? Well, obviously to care of our family by providing food and shelter. We also work to help take care of our community and to treat ourselves and loved ones. Don't forget we have bills, bills, bills! The foundation of it all is that EVERYONE has to work. We all realize that.



So how do you become extraordinary, meet your goals and maybe even one day be sitting on the beach? Well, you have to look past the fact that you have to work to do the things mentioned above. You have to train your mind to instead of thinking of work as something that **MUST BE DONE IN ORDER TO SURVIVE**, you need to think of it in another way. Your why...

I work so I can save money to:

- \*Go on a vacation
- \*Send my children to college
- \*Help care for my aging mother
- \*One day have it all
- \*Etc. etc. etc.



Today, train yourself and mind to vision work as not just something that has to be done, but a task that you take on and push through and work to your hardest to meet your big goal - your why. We are always going to have bills and our work will always be the way in which we pay our bills. But think of your work as something else, beyond what you have to do & think of it as your "WHY & BECAUSE": I work one day because I want to \_\_\_\_\_.

## **>> TIPS TO ACHIEVING YOUR GOALS**

1. Find a purpose that is bigger than you
2. Take Personal responsibility to GROW you
3. Repeat positive affirmations
4. Visualize your goal
5. Be around positive people - go to your "Amen Corner"
6. Focus on consistent DAILY ACTIVITY – Be accountable to yourself
7. Get your support systems in place – Tell them what's in it for them
8. Time Management

